

## Social Outreach Program

Call (530) 265-1421

To schedule a no-cost home visit  
with an outreach nurse



Sierra Nevada Memorial  
Hospital Foundation



WELLNESS • RECOVERY • RESILIENCE

## Social Outreach Program

*Nevada County Department of Health  
and Human Services*

**(530) 265-1421**

No-cost home visits for seniors and  
adults with disabilities by a  
Registered Nurse.

## What is the Social Outreach Program?

Social Outreach is a Prevention and Early Intervention program supported by Nevada County Department of Health and Human Services and the Mental Health Services Act. The goal is to support and promote the mental health of isolated seniors and adults with disabilities.

The Social Outreach program offers help and support at **no cost**, to those having a hard time reaching out.

## Is this program for me or someone I know?

- Have you recently experienced a loss or stressful change in your life?
- Are you experiencing a sense of loneliness or sadness?
- Does life feel hopeless?
- Would you like an opportunity to share your life story?
- Has it been awhile since you saw a physician or other provider?

*“In the middle of difficulty lies opportunity.” -Albert Einstein*

## What does a Social Outreach nurse do?

- Comes to your home at your convenience, at no cost
- Provides a confidential assessment
- Offers referrals and resource information as desired
- Offers emotional support to maintain independent living
- Provides fall prevention information